

What Can WorkLife Partnership Help **ME** With?

When life gets tough and you need help or guidance, WorkLife Resource Navigators are here for you. They know all about the support available in your community and can connect you to the right resources. Whether you're dealing with challenges, pursuing goals or facing change, our Navigators can help.

Discover the resources and services WorkLife Navigators can connect you to.



Financial Guidance

- Bankruptcy
- Budgeting
- Financial Planning
- Food Pantry
- Low-Cost Internet
- Pet Food Assistance
- Retirement Planning
- Student Loan Counseling
- Tax Prep Referrals



Personal Wellness

- Mental Health
- Addiction & Recovery
- EAP Referral
- Goal Setting
- Internal Conflict Resolution
- Job Training & Education
- Online Education
- Peer Support Groups
- Stress Management
- Therapist Search
- Wellness Coaching



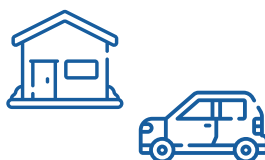
Childcare

- After School Programs
- Baby Supplies
- Back to School Supplies
- Childcare Search
- Diapers & Formula
- Kids Clothing
- Nutrition Education
- Parenting Guides
- Youth Mentoring & Coaching



Medical

- Health Benefits Navigation
- Disability Claims
- Benefit Navigation
- Government Benefits
- Hospice Care
- Insurance Claims
- Medical Bills
- Prescriptions



Housing/Transportation

- Affordable Housing
- Home Repair
- Rent Assistance Resources
- Utility Assistance
- Carpooling Options
- Mechanic Referrals



Legal Guidance

- Finding a Lawyer
- Working with a lawyer
- Will Creation
- Legal Education

and more!

We are here when you need us. Schedule a conversation when you are ready.

Always free, confidential & one-on-one | askthenavigator.org | 888-219-8993